

JAN/FEB 2021 ISSUE

TABLEAU

FROM KITCHEN TABLE MARKETING

**EAT
WELL**

**SELF
CARE**

**NEW
FINDS**



THE INSPIRATION ISSUE
PEOPLE MAKING AN IMPACT

GIVE BACK



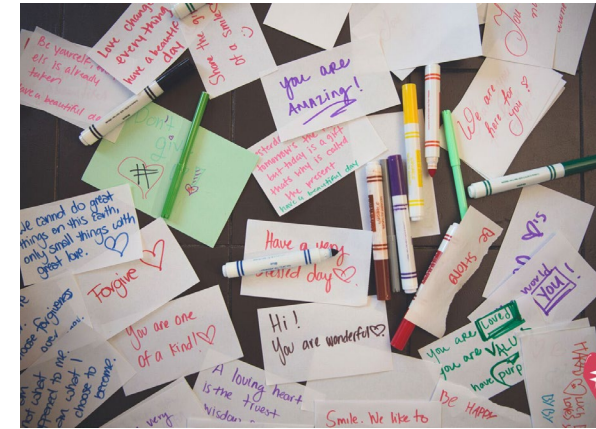
GIVING GUIDE FOR THE NEW YEAR

By Sara Hall

For many charities, a drop in donations is expected after the holiday season. Considering the ongoing COVID-19 pandemic, charitable giving is predicted to decline more than usual, according to experts.

Both of these factors are all the more reason for people who are able to give back in the new year and start 2021 off on the right note.

Organizations have had to rework their volunteer and fundraising programs due to COVID-19, but there are plenty of groups still in need of help in this new philanthropic world. Below is a roundup of a few ways to help out in the new year.



#HashtagLunchbag, a Living Through Giving Foundation program, uses bagged lunches with positive handwritten messages to distribute food in local communities, spread love, and inspire others.

Drop Off Lunch Bags: Volunteers can drop off lunch bags on Jan. 10 at the parking structure behind the 4th Street Market, at 201 E 4th St., in Santa Ana. The group's Instagram page highlights show how to prepare and drop off the lunch bags.

For more information, visit hashtaglunchbag.org

Environmental Nature Center

provides Orange County students with quality education through hands-on experience with nature.

Send a Kid Outside: ENC Nature Camps provide a safe opportunity for kids to get outside for physical activity, hands-on learning, socialization and nature play. Funds are needed to sponsor Camp scholarships.

Help ENC Increase Diversity. ENC aims to assure equitable access to nature and environmental education for underserved youth in the community. Funds are needed to subsidize discounted or free field trip programs for students from Title I schools.

For more information, visit encenter.org.



Blind Children's Learning Center aims to prepare children with visual impairments for a life of independence through early intervention, education and family support.



17th Annual Destination Independence 5K Walk:

On April 18, hundreds of individuals and businesses will unite to support the families serviced by BCLC. Each team and walker will have the option to walk and raise support in honor of three BCLC students representing distinct initiatives at BCLC. To keep everyone safe, this year's event will be hosted by Mater Dei High School in Santa Ana as a relay event to promote physical distancing. Follow Blind Children's Learning Center on Instagram (@blindchildrenlc) for updates on how to register.

For more information, visit blindkids.org.

714 Mutual Aid

a horizontally-organized and volunteer-run team, distributes hot meals, clothing, groceries, hygiene items, and Narcan (an emergency opiate overdose reversal drug) to those in need.

General Giving: 714MA is in need of funds to purchase supplies, specifically cases of new socks, high calorie snacks, and harm reduction items. Donate funds on Venmo: @Mutualaid714 and Cashapp: \$OCmutualaid.

Contact 714MA for in-kind donations or receipts for tax deductible donations. Email 714mutualaid@gmail.com or call or text (714) 312-6622.

For more information, visit 714mutualaid.org.



Girls Inc. of OC aims to inspire girls to be strong, smart, and bold by providing holistic, compensatory, and intentional programming focusing on STEM, financial literacy, sound body image, healthy relationships, and college and career readiness.

Wish Lists: Anyone can buy the items on the wish lists. Items help motivate and keep the girls engaged. These incentives also help the girls in specific programs.

- Elementary Incentive Wishlist: <https://a.co/8MRVIGV>
- Teen Incentive Wishlist: <https://a.co/i3bAIVD>
- Literacy Wishlist: <http://a.co/4elt8kT>

For more information, visit girlsinc-oc.org.



LGBTQ Center Orange County advocates on behalf of the OC lesbian, gay, bisexual, transgender, queer and questioning communities and provides services that ensure well-being and positive identity.

Spiritual Digital Roundtable Series: The Center is launching a virtual series to further the discussion around being LGBTQ+ and spiritual. The first episode will discuss the topic: “Can you be Christian and Queer? What Now?”

Love Is Campaign: The LGBTQ OC Center returns this year with its collaborative annual fundraising effort in the Love Is Campaign, launching Feb. 10.

For more information, visit lgbtqcenteroc.org

Miracles for Kids helps families with critically-ill children fight bankruptcy, homelessness, hunger and depression through monthly financial aid, subsidized housing, food and clothing, and counseling.

Kindness Box of Miracles: Boxes go to more than 300 critically-ill kids and their families to ensure they have what they need to survive, while also spreading some monthly cheer. Become a sponsor, donate items to include in the boxes, or volunteer to help package items. For details, contact Sapphira Roberson at (714) 705-4531 or sroberson@miraclesforkids.org.

For more information, visit miraclesforkids.org

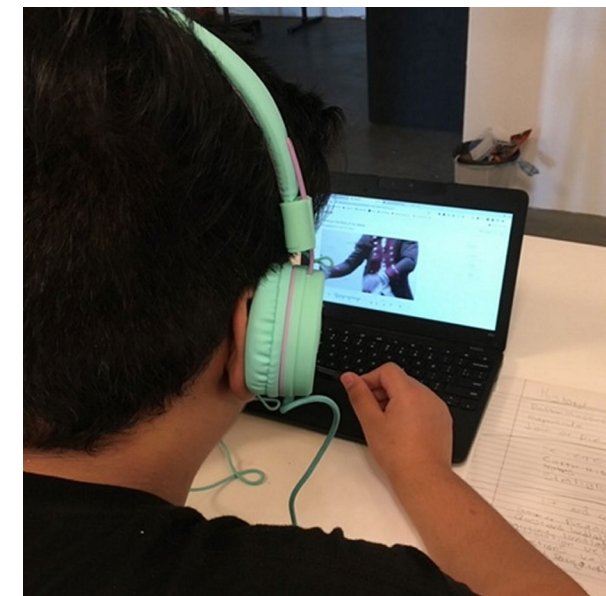


Project Hope Alliance aims to end the cycle of homelessness, one child at a time through a long-term model of care.

Monthly Service Project: Families and groups can participate safely from home by putting together seasonally themed goodies and activities for kids.

Mentor: Volunteers (over age 21) work with K-6 youth, meeting weekly to help with school and support the child’s social-emotional development. PHA is providing students with digital devices, Wi-Fi hotspots, printers, and a Distance Learning Space. A monthly donation of \$25 can help cover the costs of distance learning resources. For details, contact Vanessa Sher at vsheer@projecthopealliance.org.

For more information, visit projecthopealliance.org.



South County Outreach aims to end hunger and homelessness in Orange County through programs like a Food Pantry and a Transitional Housing Program.

General Giving: SCO can always use food—especially in the first quarter of the year. After the holidays, people don’t tend to do food drives or make food donations. Hygiene products are also needed. The organization receives a lot of requests during the winter months for toothbrushes, toothpaste, body wash, shampoo, conditioner, etc.

For more information, visit sco-oc.org.

